

5 SIGNS

You'd Make an
Amazing Women's
Dance Instructor!



- Help women feel confident.
- Build a meaningful career.
- Create a community that blossoms.



You Do Not Need To Be “The Best Dancer” To Change Women’s Lives

Some of the most powerful instructors are not the women who dance perfectly.

They are the women who:

- make others feel safe
- encourage confidence
- create welcoming spaces
- lift people up
- help women feel seen and celebrated

If you have ever felt called to inspire confidence in women through movement, community and self-expression, this could be your sign.

BodiBlossom® Instructor Training is designed to help women create confidence-building dance classes and empowering communities — with full support, flexible online learning and ongoing guidance throughout.



5 Signs You'd Make An Amazing Instructor

1. You love making other women feel good

You naturally encourage people, hype women up and want others to feel confident around you.

2. You crave more purpose in your work

You want to do something meaningful that genuinely impacts women's lives.

3. You've experienced the confidence that movement can bring

You know how powerful dance and self-expression can be because you've felt the transformation yourself.

4. You dream of creating your own community

You would love to create a safe, supportive space where women can move, connect and blossom.

5. You want a career that feels flexible & empowering

You want freedom, creativity, fulfilment and work that feels aligned with who you are.

If you nodded along to even one of these... you may already have what it takes.



What's Included In Your Training

Inside BodiBlossom Instructor Training, You'll Receive:

- Accredited instructor training
- Flexible online learning
- Step-by-step training modules
- Beginner-friendly teaching guidance
- Choreography and class structure support
- Business and marketing tools
- Community building support
- Health & safety guidance
- Ongoing mentorship and support
- Practical workshop session
- Final assessment guidance
- Access to the BodiBlossom community

You'll Learn How To:

- Teach confidence-building dance classes
- Hold supportive spaces for women
- Deliver choreography confidently
- Create uplifting class experiences
- Launch and grow your own classes
- Build a community-led business

This is about so much more than learning choreography. It is about learning how to help women blossom.



BodiBlossom™

Flexible Online Training Designed Around You

Our instructor training can be completed completely online, allowing you to study from anywhere at your own pace.

Step 1 — Complete Your Online Learning

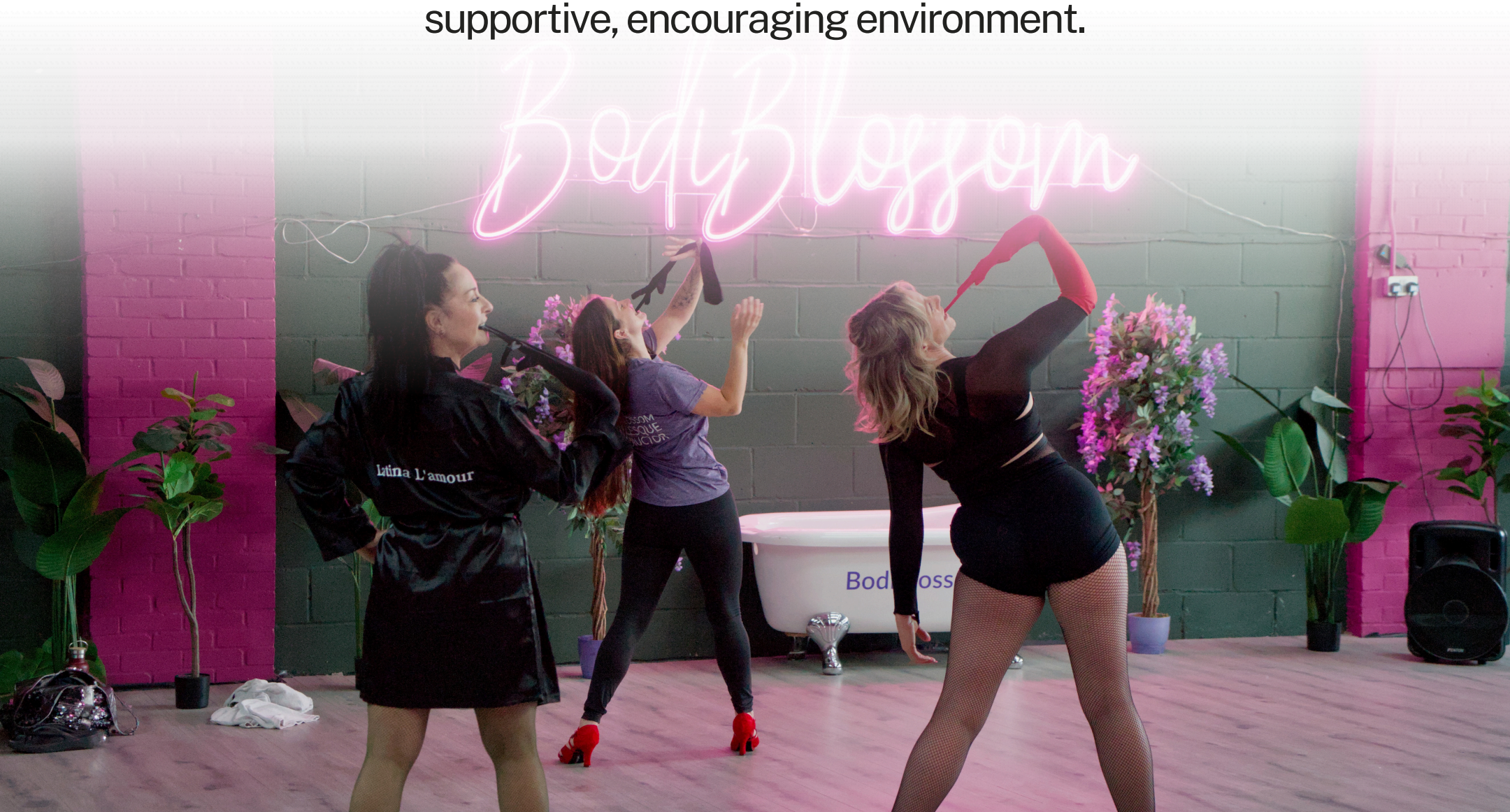
Work through your training modules, videos and quizzes in your own time.

Step 2 — Attend Your 1:1 Workshop Session

You'll then complete a supportive live workshop session online or in person to help build your confidence and teaching skills.

Step 3 — Complete Your Final Assessment

Showcase part of a routine and demonstrate your teaching in a supportive, encouraging environment.



Your 1:1 Training Session

Your 1:1 training session includes:

- Personalised support
- Teaching feedback
- Confidence coaching
- Practical choreography guidance
- Class structure support
- Support in preparing to launch your classes
- Space to ask questions

You do not need to feel “ready” before you begin.

That is what the training is here for.



Build Your Own BodiBlossom® Community

Once certified, you will then become a
licensed BodiBlossom instructor.

This allows you to:

- Use the BodiBlossom brand
- Teach official BodiBlossom classes
- Access choreography and resources
- Receive monthly support
- Join our instructor community
- Continue growing with us

The Impact You Could Make

Imagine creating a space where women:

- feel more confident
- make friendships
- reconnect with themselves
- stop hiding at the back
- finally feel comfortable in their bodies

That is the heart of BodiBlossom.

Income Potential

Your classes can become:

- a side income
- a flexible business
- a full-time career
- workshops and events
- retreats and experiences
- your own growing community

You are not just building classes.

You are building confidence,
connection and impact.



What Our Instructors Say

“ Becoming a BodiBlossom instructor was one of the best decisions I could have ever made for my dance journey. Creating a safe space for women to blossom in confidence has supported my own personal growth: boosting my self-image, improving my communication skills and nurturing my ability to connect with others.

Becoming a Bodiblossom licensee is a straightforward and well supported process. With the guidance of Kirsty and her team, you have everything you need to grow into an independent instructor with flourishing classes. You are supported with training, choreography, marketing materials and on-going mentoring.

If you want to take your career on a new path or expand an already successful business, I would recommend Bodiblossom without hesitation.”

Emma Baker



What Our Instructors Say

“I've been a Bodiblossom instructor for 9 months now and it's been such an incredible journey. I was so hesitant to take that step and become an instructor but I'm so glad I did.

Becoming an instructor gave me the opportunity to really take my own direction with my classes. I had the support I needed from Kirsty and Jess, if I ever had any issues I knew I could speak to them. They were both so supportive when I then took the next step and became a licensee.

I love teaching burlesque and seeing women grow in their confidence and ability. I'm excited to see where my journey will take me next 🥰”

Dani



Frequently Asked Questions

Do I need teaching experience?

No — the training is designed to support beginners as well as experienced instructors.

Do I need to be an advanced dancer?

Absolutely not. Confidence, energy and connection matter more than perfection.

Can I complete the training online?

Yes — the training can be completed fully online.

Is there ongoing support?

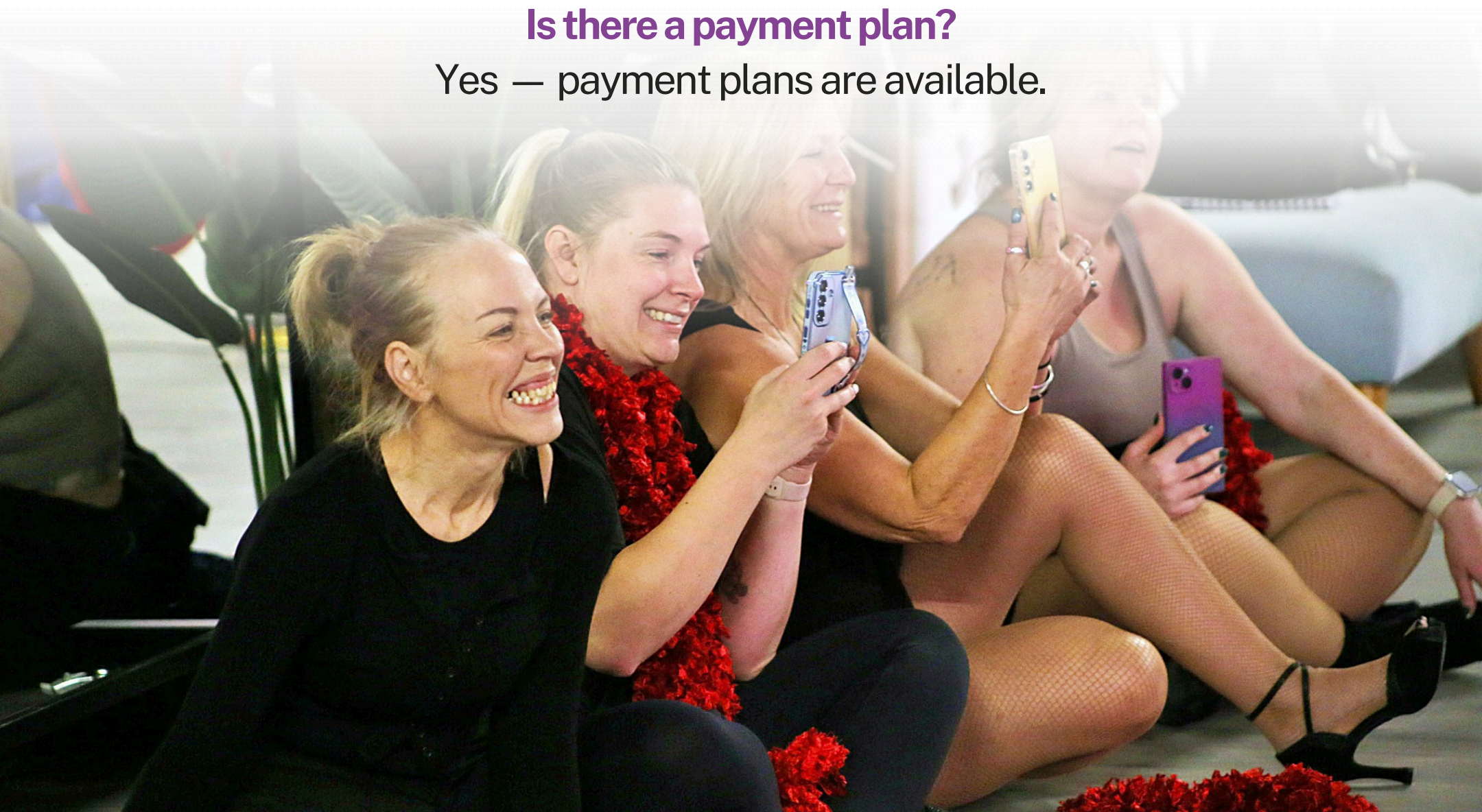
Yes — support and mentorship are a huge part of the BodiBlossom experience.

How long does the training take?

You can complete the training at your own pace.

Is there a payment plan?

Yes — payment plans are available.



Your Next Chapter Starts Here

If you are ready to:

- Empower women
- Grow in confidence
- Build a meaningful career
- Create a supportive community
- Teach with purpose and passion

... we would love to welcome you into the BodiBlossom family!

Become A BodiBlossom Instructor
Empower Women.
Build Confidence.
Create Your Dream Career.

Email us - info@bodiblossom.com or whatsapp Kirsty on 07856 243940





**Start your own
BodiBlossom® business
and help women feel
confident through dance.**

www.bodiblossom.com